



20TH ANNUAL QIDP LEADERSHIP CONFERENCE
JANUARY 25, 2022
VIRTUAL EVENT



9:00 - 10:30 a.m. - "Supported Decision-Making: From Justice for Jenny to Justice for All"

presented by Jonathan Martinis, J.D.

Study after study has shown that when people with disabilities have more control over their life and make more decisions for themselves – when they have more self-determination – they have better lives. People with disabilities who are more self-determined are more likely to live independently, work, be integrated into their communities, and avoid abuse.

This session will introduce the audience to the theory and practice of Supported Decision-Making (SDM). When people with disabilities use SDM, they work with friends, family, and professionals so they can understand their choices and make their own decisions. As a result, SDM can help people be self-determined and have better life outcomes!

10:30 - 11:00 a.m. - BREAK

11:00 a.m. - 12:30 p.m. - "Bringing it All Together: The Culture of Coordinated Support Model"

Presented by Jonathan Martinis, J.D.

Too often, services for people with disabilities are "silo-ed" – agencies, organizations, and providers focus only on what they do and do not communicate or collaborate with others providing similar supports. As a result, people with disabilities can receive ineffective, redundant, or even contradictory advice and support.

This session will demonstrate ways to create and implement effective and efficient support plans and services. Using the Culture of Coordinated Support Model, based on SDM, people can improve their services and ensure that providers work together, allowing them to specialize in the areas where they perform best – so people and providers can do better work in less time, with less effort and waste of resources.

12:30 - 1:00 p.m. - LUNCH BREAK

1:00 - 1:30 p.m. - Allison Stark, Director, Division of Developmental Disabilities, DHS

Director Stark will share an update on the final implementation of the HCBS settings rule.

Jonathan Martinis

Jonathan Martinis, J.D., is the Senior Director for Law and Policy for the Burton Blatt Institute at Syracuse University, leading its efforts to ensure that older adults and people with disabilities have access to the services and supports they need to lead independent, inclusive lives.

In 2013, Jonathan represented Margaret "Jenny" Hatch in the "Justice for Jenny" case – the first trial to hold that a person has the right to use Supported Decision-Making to make her own life choices instead of being subjected to a permanent, plenary guardianship. Since then, Jonathan has led SDM projects in New York, Ohio, California, Virginia, Vermont, Missouri, and Kansas. He has also educated and trained tens of thousands of older adults, people with disabilities, families, and professionals across the country on SDM theory and practice. Jonathan has written or co-written over 40 publications on SDM, including the first textbook and first theory-to-practice guidebook on the subject.

1:30 - 2:45 p.m. - BREAKOUTS - Choose 1

Breakout Session 1

“Trauma Informed Care: Supporting Individuals with Developmental/Intellectual Disabilities”

**Presented by Mike Jersey
Illinois Crisis Prevention Network**

A person's behavior is shaped and learned through their experiences and interactions with others in their environments. Challenging behaviors that are difficult to manage may emerge when that person's behavior has been shaped by traumatic experiences. For people with developmental disabilities traumatic experiences may be hidden and only show signs of existence when challenging behavior emerges. This training will discuss trauma and how it may present in people diagnosed with developmental disabilities. Moreover, this training will discuss strategies for supporting people touched by traumatic experiences including current and relevant situations such as natural disasters and pandemics.

Breakout Session 2

“Sex Education for Adults with I/DD: An Update on the Implementation of Public Act 101-0506”

Presented by Kathy Carmody, Teresa Parks, Linda Sandman, and Cynthia SchierlSpreen

Public Act 101-0506 became effective January 1, 2020 and requires agencies that provide habilitation services to adults with ID/DD to:

1. Assess the individuals they serve on their capacity to consent to sexual activity;
2. Assess individuals they serve on developmentally appropriate sex education to meet their individual needs; and
3. Provide developmentally appropriate sex education and resources.

Numerous implementation activities have occurred since the legislation passed. This panel presentation will an update on implementation efforts, to date, including: Implementation approaches, Curricula and Train the Trainer Updates, Process Updates, DHS Expectations and Updates, and Next Steps.

2:45 - 3:00 p.m. - BREAK

3:00 - 4:15 p.m. - BREAKOUTS - Choose 1

Breakout Session 3

“A Person Centered System: Refreshing the Person Centered Planning Process and Implementation”

Presented by Cynthia SchierlSpreen and Meg Cooch

Join Cyndi SchierlSpreen, Bureau Chief, Bureau of Quality Management and Meg Cooch, Deputy Director for the Ligas Consent Decree, from the Illinois Division of Developmental Disabilities to learn about the Division's efforts to strengthen the person centered planning and implementation processes so that people receiving services are able to direct the development of their services and lives. Learn about the Division's person centered planning project led by the University of Illinois Chicago, its findings, recommendations and the steps the Division is taking in partnership with people receiving services, families, Independent Service Coordination agencies and providers to ensure a robust discovery process, plan and implementation strategies. We will highlight what is changing and how QIDPs will be involved.

Breakout Session 4

“Self-Care: But Who Cares for the Caregivers?”

Presented by Katherine Docter, Illinois Crisis Prevention Network

Focusing on preventative measures can help us lead a happier, healthier life. During this workshop, a review of self-care studies and ideas. We will focus on identifying self-care methods unique to each individual person and how to best enact these methods of care to improve one's life. We will review the balance between work, personal, and family stresses and develop practical plans. The plans will focus on recognizing the deficits in each area and how to build them back up. This workshop will help those actively engaged in the helping profession recognize the need for self-care, including the types of self-care, as well as how we can develop a self-care plan.

ALL BIOS

Please see The Arc of Illinois special Event Page for the QIDP Conference at

<https://www.thearcofil.org/qidp2022/>